SBAs for the FRCS(Tr&Orth) Examination

Pocketbook of Orthopaedics and Fractures

Orthopaedic Basic and Clinical Science for the Postgraduate Examination
Postgraduate Orthopaedics

Revised by the American Medical Association (AMA), Graduate Medical Education Directory, 2012-2013 (Green Book) contains comprehensive information on 9,000 Accreditation Council for Graduate Medical Education-accredited programs (GME) in the United States, including Residency, Fellowship, and Combined programs, plus residency application and career-planning resources. Revisions and updates: specialty/subspecialty information, Match data, 215 new programs, and 3,000 teaching institutions.

Turek's Orthopaedics

This textbook is based on the curriculum for US, UK, Canadian and Australasian Orthopedic trainees. It offers an in-depth summary of the knowledge needed to pass the boards and FRCS examination in Trauma and Orthopedic surgery. The focus is on basic information on every orthopedic subspecialty, including: surgical anatomy, basic sciences, adult reconstruction, pediatric orthopedsics, foot and ankle surgery, orthopedic pathology, the spine, sports surgery, upper limb, wrist and hand surgery, and orthopedic traumas. All sections are written by experts in the respective field and utilize a consistent bullet-point format, chosen to facilitate the learning experience and help readers memorize and organize knowledge. A clear and concise “take-home message” section precedes each topic, and key references are highlighted at the end of each chapter.

Postgraduate Orthopaedics

Medical students lack information on preparing for clinical surgical finals, particularly on common mistakes and the features which identify successful candidates. The Ultimate Guide to Passing Surgical Clinical Finals is an accessible and comprehensive preparation aid, equipping final year medical students with the knowledge and skills that they are expected to demonstrate both in clinical surgical finals and in clinical practice as junior doctors. Its tutorial-style approach provides advice on how to think logically, speak coherently, and demonstrate both breadth and depth of knowledge - all key hallmarks of successful candidates. The book’s broad approach reflects the full range of skills and knowledge covered by modern curricula, including instruments, procedures and the increasing use of surgical imaging. It is vital reading for clinical year medical students preparing for final examinations in surgery, and for postgraduate students who wish to improve their presentation, viva and OSCE clinical examination skills. 'This book's approach is in the best surgical traditions of ordered thinking when it comes to the examination itself. I admire this book and commend it to you.' - From the Foreword by David E Khoo

Review Questions in Orthopaedics

This review book provides 763 review questions following the National Board format and parallels the table of contents in Dr. Craig's Clinical Orthopaedics. Each question provides thorough explanations for correct answers for further understanding of surgical and non-surgical decision making.

Trauma for the FRCS (TR+ORTH) Examination

In the written section, authors give general advice about preparing for the MCQ/EMI paper. The clinical section covers both the long and short cases with examples of the most likely cases that regularly appear in the examination. This is crucial because, if this aspect is failed, doing well in the vivas does not allow redemption.

Postgraduate Orthopaedics

This book provides practical revision for trainees in orthopaedics preparing for OSCE examinations. Beginning with an explanation of the basics of OSCE exams, the following sections present more than 400 clinical cases detailing clinical history, diagnostic investigations, operative photographs and more. Answers are provided in two forms - from the perspective of a previous candidate, and the structure expected by examiners. Cases are presented in exam format, with different problems and different types of questions combined together, to help students in their preparation. The text is further enhanced by nearly 500 clinical photographs and illustrations. Key Points Practical revision aid for orthopaedics trainees preparing for
OSCE exams presented 400 clinical cases covering different problems and types of questions. Each case provides two answers – one from a previous candidate, the other as expected by examiners. Includes nearly 500 clinical photographs and illustrations.

Postgraduate Paediatric Orthopaedics

The FRCS (Tr+Orth) exam is a serious challenge for Orthopaedic Specialist Registrars and represents one of the final hurdles on the path to becoming a Consultant Orthopaedic Surgeon. Trauma for the FRCS (Tr+Orth) Examination is a dedicated revision resource for trauma that provides candidates with high-quality self-assessment in order to maximise exam success. Written by expert consultants and senior trainees/fellows, this book features over 100 Single Best Answer Questions, over 70 Extended Matching Questions, and 70 Vivas specialising in trauma. Each answer contains an up-to-date explanation, and helpful sources for further reading to ensure quick identification of key areas you need to focus on more thoroughly. This revision resource is ideal for preparing you for the trauma questions within this challenging exam.

FRCS(Tr & Orth): MCQs and Clinical Cases

Completely updated and expanded, this popular volume is a practical reference on the evaluation, diagnosis, and the medical and surgical management of disorders and diseases of the hand. Will appeal to hand surgeons, hand therapists, orthopedic surgeons, plastic surgeons, and all other health professionals looking for one good clinical book on the hand. Commonly encountered problems/questions are addressed in the very popular question-and-answer format of The Secrets Series(R). Contributors are renowned experts in the field.

Cracking the Intercollegiate General Surgery FRCS Viva

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominant with practitioners of each specialty. “A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read.” --Review from a 4th year Medical Student.

Cases for Surgical Finals

With over 1000 questions, MCQs and EMQs in Surgery is the ideal self-assessment companion guide to Bailey & Love's Short Practice in Surgery. The book assists readers in their preparation for examinations and to test their knowledge of the principles and practice of surgery as outlined within Bailey & Love. Sub-divided into 13 subject-s.

Examination Surgery

This book provides a refined clinical guide for evidence-based recommendations in paediatric orthopaedics. Focusing on specific body regions (hip, knees, ankle and feet, spine, shoulder, elbow and wrist and hand) this resource addresses clinical questions related to conditions in these areas. A background section in each chapter sets the scene for the best available practice and also appraises the evidence for its strength and weakness. At the end of each chapter, the authors' provide recommendations on future research. Evidence-Based Paediatric Orthopaedics: The Best Answers to Clinical Questions has been edited by a team of surgeons with a great interest in evidence-based practice who have brought together an international experts to produce this timely book. A wide spectrum audience including paediatric orthopaedic surgeons, trauma surgeons, orthopaedic residents, emergency department doctors, general practitioners and medical students looking for an evidence based approach to paediatric orthopaedics will find this book to be an essential guide for clinical practice.

Postgraduate Orthopaedics
Providing core orthopaedic knowledge, tactics and pre-exam planning, this is the definitive guide to the FRCS (Tr & Orth) examination.

A Practical Manual for Musculoskeletal Research

Winner of the Paediatrics category at the BMA Book Awards 2015 About to start a paediatrics rotation? Working with children for the first time? Thinking about a career in paediatrics? The Hands-on Guide to Practical Paediatrics is the ultimate practical guide for medical students encountering paediatrics for the first time, junior doctors thinking about working with children, and new paediatric trainees. It’s full of vital information on practical procedures, prescribing for young patients, and communicating with children and young people, as well as guidance on the paediatric training programme and paediatrics as a career. Full of clinical tips, and covering key information on developmental stages, common paediatric emergencies and ethical dilemmas, and child protection, The Hands-on Guide to Practical Paediatrics is also supported by online resources including practice prescribing scenarios and video content at www.wileyhandsonguides.com/paediatrics Take the stress out of paediatrics with The Hands-on Guide!

Postgraduate Orthopaedics

Examination Techniques in Orthopaedics comprehensively covers the basic examination skills and important special tests needed to evaluate the adult and paediatric musculoskeletal system. Chapters are presented in an easy-to-read, memorable format, helping readers develop their own detailed framework for patient examination as well as promoting exam success. For this new edition, all of the chapters have been rewritten in a uniform style and a chapter on general principles has been added. Each chapter is illustrated by clinical photographs and photographs demonstrating the techniques on models, and includes a summary of techniques, which readers will find useful in exam preparation. The contributing authors are experienced in teaching clinical examination both in the hospital setting and on national courses, and furthermore, many are examiners with firsthand awareness of what candidates need to know. Invaluable reading for those taking undergraduate and postgraduate examinations, practising orthopaedic surgeons, physiotherapists, general practitioners, medical students and rheumatologists.

Miller's Review of Orthopaedics E-Book

Brings together what every trainee orthopaedic surgeon needs to know about approaching paediatric cases for examinations and clinical practice.

Graduate Medical Education Directory

This new book is targeted at higher trainees in orthopaedic surgery preparing for the second part of the FRCS (Tr & Orth) exam. The exam involves a set of vivas during which a range of topics is discussed, the aim being to demonstrate trauma safety and competence rather than trauma expertise. Examiners may use props such as models, clinical pictures, clinical studies, and x-rays to introduce topics and initiate discussion. This book uses a similar model to allow the candidate to practise key topics for discussion with common presentations and histories, and high quality x-rays. The book lends itself to individual and small group learning as trainees prepare for their examinations.

The Hands-on Guide to Practical Paediatrics

For nearly a quarter century Miller's Review of Orthopaedics and the accompanying annual Miller Review Course (www.MillerReview.org) have been must-have resources that residents and practitioners have turned to for efficient and effective exam preparation. This 7th Edition continues to provide complete coverage of the field’s most-tested topics, now reorganized to be more intuitive, more user-friendly, and easier to read. Numerous study aids help you ace your exams: a superb art program, including full-color tables, images, and pathology slides; improved concise, bulleted text design; “testable facts” in every chapter; multiple-choice review questions written by experts in the field; and much more. Content and topic emphasis are fully aligned with the ABOS (American Board of Orthopaedic Surgery) and OITE (Orthopaedic In-Service Training Exam) exams, giving you the confidence you need to prepare for certification and recertification. Completely
Concise Orthopaedic Notes

This book has been written specifically for candidates sitting the oral part of the FRCS (Tr & Orth) examination. It presents a selection of questions arising from common clinical scenarios along with detailed model answers. The emphasis is on current concepts, evidence-based medicine and major exam topics. Edited by the team behind the successful Candidate's Guide to the FRCS (Tr & Orth) Examination, the book is structured according to the four major sections of the examination; adult elective orthopaedics, trauma, children's/hands and upper limb and applied basic science. An introductory section gives general exam guidance and end section covers common diagrams that you may be asked to draw out. Each chapter is written by a recent (successful) examination candidate and the style of each reflects the author's experience and their opinions on the best tactics for first-time success. If you are facing the FRCS (Tr & Orth) you need this book.

The Ultimate Guide To Choosing a Medical Specialty

Based on the highly successful Oxford revision course, this book helps candidates prepare for the viva section of the FRCS Trauma and Orthopaedics exam. Drawn from questions asked in the Oxford revision course, this title provides a tried and tested revision tool, ideal for this high-pressure examination.

Postgraduate Orthopaedics

Orthopaedic surgeons require not only an understanding of anatomy and clinical sciences, and competence in surgical skills, but also a strong foundation in biomechanics. The application of biomechanics plays an increasing role in modern orthopaedics; for example, correct decisions about the mode of treatment and choice of implants are just as important as operating precisely to reach a specific anatomical landmark. This book simplifies the core principles in orthopaedic biomechanics, giving readers the solid grounding they need to flourish in the specialty. Each topic is covered in a discrete, double-page spread, featuring concise text accompanied by illustrations or tables to give readers a solid understanding of the concepts discussed. This is a must-read guide for orthopaedic trainees at every level, and will be valuable for biomechanical researchers and other professionals in the field.

The Ultimate Guide to Passing Surgical Clinical Finals

The opioid overdose epidemic combined with the need to reduce the burden of acute pain poses a public health challenge. To address how evidence-based clinical practice guidelines for prescribing opioids for acute pain might help meet this challenge, Framing Opioid Prescribing Guidelines for Acute Pain: Developing the Evidence develops a framework to evaluate existing clinical practice guidelines for prescribing opioids for acute pain indications, recommends indications for which new evidence-based guidelines should be developed, and recommends a future research agenda to inform and enable specialty organizations to develop and disseminate evidence-based clinical practice guidelines for prescribing opioids to treat acute pain indications. The recommendations of this study will assist professional societies, health care organizations, and local, state, and national agencies to develop clinical practice guidelines for opioid prescribing for acute pain. Such a framework could inform the development of opioid prescribing guidelines and ensure systematic and standardized methods for evaluating evidence, translating knowledge, and formulating recommendations for practice.

Hand Secrets

Over 1,000 single best answer questions prepare candidates for success in their FRCS (Tr&Orth) exam with detailed evidence-based explanations.
Examination Techniques in Orthopaedics

OSCE in Orthopaedics

This manual provides technical protocols for musculoskeletal research on a translational basis, i.e. a disease-orientated approach. It offers guidance on various laboratory techniques, including cell culture and molecular biology, histology and histomorphometry, microscopy and bioimaging, laboratory animal models, CT- and MRI-based densitometry and microarchitectural analysis, biomechanics and functional analysis of orthopedic kinesiology, etc. The content is simple and straightforward, with illustrations and step-by-step procedures as an easy experimental reference for personnel in basic and clinical musculoskeletal research and education. This book will provide a unique multidisciplinary platform for various professions OCO not only orthopedics, but also biomedical engineering and biomaterial sciences OCO involving both basic and clinical medicine.

Passport for the Orthopedic Boards and FRCS Examination

Essential MCQ book for every candidate taking the FRCS Trauma & Orthopaedic exam.

Postgraduate Orthopaedics

A complete guide to passing surgical finals

Orthopaedic Biomechanics Made Easy

An indispensable study guide to help surgical trainees prepare and perform for their fellowship exam. Examination Surgery offers invaluable insight into the format and content of the Fellowship Examination in General Surgery. This study guide addresses the most frequently encountered topics from the last 10 years of examinations. It helps surgical trainees organise their studies and optimise their performance in what is reputedly one of the most rigorous postgraduate exams. The general surgery fellowship tests clinical wisdom, judgement, insight and safe practice, and Examination Surgery’s preparation material accurately reflects what you will encounter in the exam. A ranged to mirror the exam’s individual components, Examination Surgery is divided into the following sections: The written papers Clinical viva voce Surgical anatomy viva voice Operative surgery viva voice Pathophysiology and critical care and clinical reasoning viva voce This Elsevier study guide is aimed at candidates preparing for the Fellowship Examination in General Surgery of the Royal Australasian College of Surgeons. It is, however, also relevant for candidates in the UK, Ireland, Canada, South Africa and Hong Kong, plus all general surgeons, surgical residents and medical students. How to approach each exam Most frequently encountered topics Common questions and scenarios with ‘model answers’ Fellowship examination format and recommended technique Proven study strategies

Succeeding in the Frcs (T and O) Part 1 Exam: Multiple Choice Revision Questions in Trauma and Orthopaedics (T and O)

Successfully navigate key topics required to master the FRCS (Tr & Orth) exam with confidence, using this thoroughly revised second edition.

Framing Opioid Prescribing Guidelines for Acute Pain

This bestselling Oxford Handbook has been thoroughly revised for the new edition to include brand new chapters on Paediatric Orthopaedics and Common Surgical Procedures, as well as new presentations, illustrations, and new anatomy and emergency indexes to aid quick reference. It is an invaluable tool for junior surgical trainees, medical students, nursing, paramedical, and rehabilitation staff. The handbook covers the assessment and preperation of the patient, anaesthesia and critical care, inflammation, wound healing and infection, and the key components of general surgical practice, as well as chapters on other surgical specialties, including plastic, paediatric, and orthopaedic surgery. There are step-by-step descriptions of common operative surgical techniques, practical hints and procedures, and information on signs, symptoms and rarities. Emergency presentations are clearly identified for rapid reference and investigations and
management plans are set out in a clear and easy-to-follow way. Surgically relevant anatomy and physiology has been expanded for each area, quick reference symbols ensure the reader is guided to key facts, and there is an increased focus on evidence-based practice with key references throughout. A cut above the rest, this is the essential guide to clinical surgery and the surgical specialities.

**Trauma Vivas for the FRCS**

Following on from the highly successful first edition, published in 2006, the second edition of Basic Orthopaedic Sciences has been fully updated and revised, with every chapter rewritten to reflect the latest research and practice. The book encompasses all aspects of musculoskeletal basic sciences that are relevant to the practice of orthopaedics and that are featured and assessed in higher specialty exams. While its emphasis is on revision, the book contains enough information to serve as a concise textbook, making it an invaluable guide for all trainees in orthopaedics and trauma preparing for the FRCS (Tr & Orth) as well as for surgeons at MRCs level, and other clinicians seeking an authoritative guide. The book helps the reader understand the science that underpins the clinical practice of orthopaedics, an often neglected area in orthopaedic training, achieving a balance between readability and comprehensive detail. Topics covered include biomechanics, biomaterials, cell & microbiology, histology, structure & function, immunology, pharmacology, statistics, physics of imaging techniques, and kinesiology.

**Oxford Handbook of Clinical Surgery**

These concise revision notes are aimed at candidates preparing for UK and international FRCS (Trauma & Orthopaedics) exit examination as well as the European Board (EBOT) and SICOT diplomas. The book has been written in an easy to read style, with a focus on being an exam candidate’s companion for quick revision on the go. Candidates are usually caught between a busy job and the demands of these challenging exams. This book covers the depth and breadth of Trauma & Orthopaedics knowledge to help candidates sail through the Fellowship exit examinations. We have aimed to provide a high quality one stop concise knowledge bank to cover the whole syllabus of Trauma & Orthopaedics in a well organised bullet point style. This will provide a useful resource for both part 1 (MCQs, EMQs) as well as part 2 (Viva and Clinical) components of the exit examinations. It is an ideal companion to complement your preparation for the examination with the most useful information presented in the most succinct manner. The authors are senior members of the FRCS Mentor Group who have between them ample up to date experience and knowledge with the Fellowship examination. They have attended most postgraduate orthopaedic courses in the UK and internationally, and have reviewed all relevant exam book. They have excellent track records of helping many candidates to pass their exams. This book is complemented by hundreds of diagrams, illustrations, radiographs and clinical images. There are QR codes interspersed within the chapters which when scanned using your smartphone camera, link up to either the corresponding open-access seminal paper or to a YouTube video pertaining to the topic discussed. We look forward to the readers’ feedback that will help us immensely to improve the contents in the next edition for the benefit of future orthopaedic aspirants. Head over to Amazon, Google Books and to BookAuthority.org to leave a review, or write to the email below. We also invite anyone who is interested to become an author of the next edition, or to discuss future collaboration or sponsorship opportunities to contact the editor on: thefrcsmentor@gmail.com

**Postgraduate Orthopaedics**

The must-have book for candidates preparing for the oral component of the FRCS (Tr and Orth).

**Paediatric Orthopaedics**

Now in its revised, updated Sixth Edition, this text provides residents and medical students with a broad overview of adult and pediatric orthopaedics. Major sections focus on general and regional disorders of the musculoskeletal system. This edition’s chapters on regional disorders have separate adult and pediatric sections and include sports medicine information and reviews of anatomy. Coverage of each disorder includes more details on treatment and prognosis. This edition also provides expanded coverage of molecular orthopaedics, biomaterials, orthotics and prosthetics, diagnosis by physical examination, commonly ordered laboratory tests, rehabilitation, biomechanics, principles of fractures, osteoporosis, overuse syndromes, and Achilles tendon rupture.
Extensively revised, updated and expanded, this new edition is the definitive guide to the FRCS (Tr and Orth) exam; essential reading for candidates.

Basic Orthopaedic Sciences

Basic Orthopaedic Sciences is a brand new book for trainees in orthopaedic surgery covering all aspects of musculoskeletal basic sciences that are relevant to the practice of orthopaedics, as assessed in the FRCS Higher Specialty exams. Based on the authoritative 'Stanmore course' run by the Royal National Orthopaedic Hospital, the book contains enough information to serve as a concise textbook while its emphasis is on revision. The book is a guide to the basic sciences underpinning the practice of orthopaedic surgery, covering aspects of biomechanics, biomaterials, cell & microbiology, histology, structure & function, immunology, pharmacology, statistics, physics of imaging techniques, and kinesiology as relevant to the subject of orthopaedics. The book will help trainees understand the science that underpins the clinical practice of orthopaedics, an often neglected area in orthopaedic training. It covers the breadth of topics in orthopaedic basic science achieving a balance between readability and comprehensive detail. Basic Orthopaedic Sciences is an invaluable guide for all trainees in orthopaedics and trauma preparing for the FRCS, as well as for surgeons at MRCS level.

MCQs and EMQs in Surgery: A Bailey & Love Companion Guide

What do you need to do before sitting the written component of the FRCS (Tr and Orth) examination? Practice, practice, practice. Sadly the MCQs and EMQs in the actual examination are not this straightforward. This book will help the orthopaedic surgeon preparing for the written part of the examination to be ready to face the task ahead. The MCQs and EMQs appear in the same format as the examination and cover the syllabus topics. Divided into subspecialty chapters, including trauma and basic science, this book is ideal for use alongside a revision plan. The questions have detailed answers and selected references, arming readers with the knowledge they need to approach the topic correctly. Written by recent, successful examination candidates, this question-and-answer-based revision guide is ideal preparation for the FRCS (Tr and Orth) examination as well as being helpful for other postgraduate orthopaedic exams.